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#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person <sup>*</sup> Coupe Donna L.			2. Issuer Name ar Rocky Mountai [RMCF]			0.		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director					
(Last) 265 TURNER DI	(First) RIVE	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)         03/01/2019         4. If Amendment, Date Original Filed(Month/Day/Year)					VP Franchise Support					
DURANGO, CO	(Street) 81303						Day/Year) 6. Individual or Joint/Group Filing(Check Applical _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			ble Line)			
(City)	ity) (State) (Zip) Table I - Non-Derivative Securiti						curities	Acqu	quired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if any (Month/Day/Year)3. Transaction Code (Instr. 8)4. Securities Acqui (A) or Disposed of (Instr. 3, 4 and 5)2. Transaction (Month/Day/Year)3. Transaction (Instr. 3, 4 and 5)4. Securities Acqui (A) or Disposed of (Instr. 3, 4 and 5)		of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect	Beneficial Ownershi						
				Code	v	Amount	or (D)	Price		(I) (Instr. 4)			
Common		03/01/2019		А		20,000 ( <u>1</u> )	А	\$ 0	27,800	D			
Common									3,086	Ι	by 401k (plan)		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-02)

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### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

( <i>e.g.</i> , puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.	5	5.		6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transactio	on l	Numb	er	and Expirati	on Date	Amo	unt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	C	of		(Month/Day	/Year)	Unde	rlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	I	Deriva	ative			Securities		(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					Securi				(Instr	. 3 and		Owned	Security:	(Instr. 4)
	Security				A	Acqui	red			4)			Following	Direct (D)	
						(A) or							1	or Indirect	
						Dispo							Transaction(s)		
						of (D)							(Instr. 4)	(Instr. 4)	
					`	Instr.	· ·								
					4	1, and	.5)								
											Amount				
								Date	Expiration		or				
								Exercisable		Title	Number				
								Excicisable	Date		of				
				Code V	V	(A)	(D)				Shares				

### **Reporting Owners**

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Coupe Donna L. 265 TURNER DRIVE DURANGO, CO 81303			VP Franchise Support			

## Signatures

/s/ Donna L. Coupe	03/05/2019
**Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents a restricted stock unit award granted under the issuer's 2007 Equity Incentive Plan, which vests in 6 equal annual installments beginning on the first anniversary of the grant date. Each restricted stock unit represents the contingent right to receive one share of the issuer's common stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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